

A unique Foundation was born. To give you a glimpse of their work, here is a brief description of an innovative project they sponsored in Bali.

In Balinese culture, wisdom is passed down from generation to generation through prayers, ceremonies, songs, charms, and protections in the form of palm fronds named Lontars. The wisdom on the Lontar is left in the hands of the healer. It is the healer's job to translate, interpret, archive and maintain the wisdom of the Lontar.

What is written on the Lontars is sung and performed to better facilitate memory retention. This is much like we sing the A,B,C's to our children.

The Foundation sponsored a contest in which Balinese children competed for prizes by reading and singing Lontars. The purpose of the contest - to inspire young people to continue practicing the ancient wisdom of the Lontar.

As a result of this project, dozens of villages brought teams to "compete" and more than 100 children have learned of their traditional wisdom in the time honored fashion of singing the Lontar.

While Stephen and I were talking, he quoted a phrase which struck me deeply. "When a shaman dies, it is like having one of our libraries burned to the ground."

The implications of this statement is profound. We have so much to learn from shamans and indigenous cultures that will help to heal our world.

There are many other Foundation projects as equally as wonderful as the Lontar project. To find out more about them, visit <http://www.ringingrocks.org>.

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Positive Quality – Project Exercise

You may have a project you want to create and for some reason you have not been able to do so. One way to facilitate movement towards a goal or desire is by working with your Positive Qualities. Here is a description of the process.

Choose a positive quality (within yourself) which you feel will assist you in the forward momentum of your project. For example, let's say you want to start an international retreat center. You feel that strengthening honest, straight forward communication with people will assist you towards your goal and you choose this as your positive quality. It does not matter if your communication skills are well-developed or not.

For the next 90 days, take one action to strengthen this quality each day. For example, you decide to share with your husband or wife something you have been afraid to share before. In a work situation it could be that you share with your boss your true feelings about a project which is not working out the way he (or she) had envisioned it.

drama and emotional wellness tools to experience and express our unique gifts and express them in the world.

This Introductory Teleclass Class gives you a glimpse of what you will experience in the 4-week Teleclass. The Introductory Class is free should you decide to take the 4-week Teleclass.

Introductory Teleclass
Creating a Life of Possibilities
Monday Evening, July 30th, 6:00 – 7:00 PM (PST)
Course Fee: \$30

4-Week Teleclass
Creating a Life of Possibilities
Monday Evenings, August 6th – September 3th, 6:00 – 7:00 PM (PST)
Course Fee: \$150 (\$30 credit from Introductory Teleclass - \$120)

To register, send your payment through Paypal to: dhimot@yahoo.com.

This Teleclass is also offered as a regular workshop and to corporate groups. Email dhimot@yahoo.com.

For personal work, private sessions are available.

We have a new host for our website. Please visit us soon at:
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