

WORLD HEALING

***We create a new world
By feeling it already exists.***

The Law of One states that we are all One. When we help one living thing, we help all creation, and when we harm one living thing, we harm all creation.

This is an awesome and wonderful responsibility for each one of us. We can be proactive on the inside and on the outside in creating change.

One way to invite change is to know and feel that it already exists. When we feel the desired state of what we want, we usher it into reality. This change can be within ourselves, our relationships and the world.

If you would like to create change in the outside world, here is a meditation you can use to help invoke peace.

Invoking Peace In Our World

Find a place where you can go within.

Close your eyes and connect with your heart. Feel the deep peace there.

Now feel the desire in your heart for peace in the world.

Let this desire embrace every country. See the leaders of each country meeting together in harmony. See peaceful resolutions happening naturally.

Picture all waterways - rivers, streams, lakes - cleansed of all impurities. See the air cleansed as well.

See animals almost extinct, reappearing and multiplying again. See our eco-systems being restored to their perfect balance.

See people from different countries reaching out to one another. See financial resources being shared equally.

See the health of all peoples everywhere, being restored to perfection.

See and experience joyful children dancing in the street in glee and merriment.

See and feel all of Creation being healed. Pray for the highest good of all.

Rejoice as the Golden Age dawns upon us now.

This article is an excerpt from *Birthing a Golden Age*.

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