

My Life in The Golden Age

The following is a vision I have for life in the Golden Age. The specifics may be different when it occurs. What is the same is the joy, peace, freedom and love present in this vision and within the heart of every man.

My life in the Golden Age is a profound blessing. I have so much to be thankful for. I have wonderful family and friends, who I spend quality time with each day. My vocation, counselling and healing, gives me a fulfilling way to serve others in the community. Since I only work three to four hours a day, I have much time to develop spiritual and other interests.

I have never been healthier. It is fun to work in our community garden, growing tomatoes, peas, squash, apples, and other fruits and vegetables. We live on a vegetarian raw foods diet, which has made us very strong. Once a day, usually at lunch, our town hosts a meal for us. We socialize together and find out how we can help one another. There is much give and take among us. Many of our services are exchanged without money through barter.

I often go on long walks in the hills. The clean air fills my lungs and rejuvenates me. The blue sky and clear mountain streams inspires my writing and encourages me to develop my healing gifts.

Whenever someone is sick, they seek out one of our holistic physicians. With the help of herbs and other remedies, they often recover very quickly. One time I was having some emotional challenges. The emotion of anger was surfacing very strongly. Even though I am a counselor, I did not know what to do.

I went to a town member trained in emotional healing. She led me through deep emotional clearing work, which healed some early childhood traumas I experienced when I was very young but had buried deep inside of myself. She created a safe and nurturing space for me to feel all of my anger without holding it back.

Members of our town knew what I was going through and gave me much support. Our whole village believes that emotional healing happens best when we allow our feelings to flow in a safe environment with love and acceptance for what we are feeling. I felt loved and nurtured by everyone and was able to release these old feelings which has created much more joy and peace in my life.

One time my husband had a disagreement with his business partner. They needed some help to resolve it and brought their problem to the Town Council. The Council, dedicated to The Law of One, suggested that each of them meditate on the Law in relation to their disagreement. My husband and his business partner did this and quickly and easily came up with their own solutions.

They continue as partners, happily working on legal issues for our town and for neighboring towns as well.

I have been elected to the Town Council starting next year. I am very happy to have this opportunity. Each Town Council is part of a network of 150 Councils in our region. One member from each Council sits on the Regional Council of Elders. This group of visionary leaders makes sure that the spiritual and physical needs of each person, and the environmental needs of their region are being fulfilled in the most benevolent way.

There is much joy and laughter in my life and in the life of every member of my town. In the late afternoons, we dance and sing together, share stories and give thanks for our wonderful life.

This article is an excerpt from *Birthing a Golden Age*.

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